TRIATHLON RESULTS EXPLANATION

There are 5 segments results: Swim (Rank, Time, Pace)

Transition 1 (Time only)

Bike (Rank, Time, Pace)

Transition 2 (Time only)

Run (Rank, Time, Pace)

Segment ranking – Rnk - represents an athlete place after all previous segments combined.

Example: Bike ranking is a competitor place in their division after the bike segment, including swim, transition 1 and bike time (time from swim start to bike |second transition| entry).

Men's Sprint Vermont Sun Triathlon

Place	Name	Bib No	Age	Gender	Age Group	Swim Rnk	Swim Time	Swim Pace	Trans 1 Time	Bike Rnk	Bike Time	Bike Rate	Trans 2 Time	Run Rnk	Run Time	Run Pace	Time Back	Total Time
1	Tim Russell	12	26	M	1 M Top 5	1	7:30.4	1:15HY	0:36.0	1	33:15.0	25.3MPH	0:26.4	1	18:24.6	5:56/M		1:00:12.6
2	Cory Coffey	1	38	M	2 M Top 5	12	9:02.8	1:30HY	1:02.5	2	33:26.6	25.1MPH	0:35.1	2	19:37.9	6:20/M	3:32.4	1:03:45.1
3	Corey Robinson	11	26	M	3 M Top 5	7	8:10.7	1:22HY	0:54.7	5	36:07.3	23.3MPH	0:36.2	3	19:01.0	6:08/M	4:37.5	1:04:50.1
4	Richard Smyers	39	46	M	4 M Top 5	2	7:32.9	1:15HY	0:46.0	7	37:59.3	22.1MPH		4	19:57.4	6:26/M	6:03.1	1:06:15.8
5	Liam McCarthy	17	29	M	5 M Top 5	6	7:56.7	1:19HY	0:41.7	4	36:14.5	23.2MPH	0:34.9	5	21:53.0	7:04/M	7:08.4	1:07:21.0
6	Mark Mulder	7	57	M	1 55-59	11	8:59.2	1:30HY	0:45.1	3	35:04.1	24.0MPH	0:36.0	6	22:13.5	7:10/M	7:25.4	1:07:38.0
7	Jeff Schumann	8	59	M	2 55-59	5	7:54.7	1:19HY	0:53.4	6	37:02.2	22.7MPH	0:33.2	7	22:05.1	7:07/M	8:16.1	1:08:28.8
8	Elias Schoen	127	24	M	1 20-24	4	7:41.1	1:17HY	1:08.2	13	39:35.6	21.2MPH	0:26.2	8	20:45.9	6:42/M	9:24.6	1:09:37.2
9	Steve Hare	6	58	M	3 55-59	8	8:13.0	1:22HY	0:52.7	8	38:27.5	21.8MPH	0:29.3	9	21:57.2	7:05/M	9:47.1	1:09:59.8

Segment time – Time - is pure one segment time in all pages *except Age Group Results Page (all previous segments times compiled)*

Example: Bike time is the time from bike (first transition) exit to bike (second transition) entry.

Men's Sprint Vermont Sun Triathlon

Place	Name	Bib No	Age	Gender	Age Group	Swim Rnk	Swim Time	Swim Pace	Trans 1 Time	Bike Rnk	Bike Time	Bike Rate	Trans 2 Time	Run Rnk	Run Time	Run Pace	Time Back	Total Time
1	Tim Russell	12	26	M	1 M Top 5	1	7:30.4	1:15HY	0:36.0	1	33:15.0	25.3MPH	0:26.4	1	18:24.6	5:56/M		1:00:12.6
2	Cory Coffey	1	38	M	2 M Top 5	12	9:02.8	1:30HY	1:02.5	2	33:26.6	25.1MPH	0:35.1	2	19:37.9	6:20/M	3:32.4	1:03:45.1
3	Corey Robinson	11	26	M	3 M Top 5	7	8:10.7	1:22HY	0:54.7	5	36:07.3	23.3MPH	0:36.2	3	19:01.0	6:08/M	4:37.5	1:04:50.1
4	Richard Smyers	39	46	M	4 M Top 5	2	7:32.9	1:15HY	0:46.0	7	37:59.3	22.1MPH		4	19:57.4	6:26/M	6:03.1	1:06:15.8
5	Liam McCarthy	17	29	M	5 M Top 5	6	7:56.7	1:19HY	0:41.7	4	36:14.5	23.2MPH	0:34.9	5	21:53.0	7:04/M	7:08.4	1:07:21.0
6	Mark Mulder	7	57	M	1 55-59	11	8:59.2	1:30HY	0:45.1	3	35:04.1	24.0MPH	0:36.0	6	22:13.5	7:10/M	7:25.4	1:07:38.0
7	Jeff Schumann	8	59	M	2 55-59	5	7:54.7	1:19HY	0:53.4	6	37:02.2	22.7MPH	0:33.2	7	22:05.1	7:07/M	8:16.1	1:08:28.8
8	Elias Schoen	127	24	M	1 20-24	4	7:41.1	1:17HY	1:08.2	13	39:35.6	21.2MPH	0:26.2	8	20:45.9	6:42/M	9:24.6	1:09:37.2
9	Steve Hare	6	58	M	3 55-59	8	8:13.0	1:22HY	0:52.7	8	38:27.5	21.8MPH	0:29.3	9	21:57.2	7:05/M	9:47.1	1:09:59.8

Segment Pace – Pace or **Rate** – is the pace for selected one segment

Example: Swim Pace - 1:15HY - is the 1 minute 15 seconds per 100 yards

Bike Rate – 25.3MPH – is miles per hour average speed

Run Pace – 5:56 – is 5 minutes 56 seconds per 1 mile

Men's Sprint Vermont Sun Triathlon

Place	Name	Bib No	Age	Gender	Age Group	Swim Rnk	Swim Time	Swim Pace	Trans 1 Time	Bike Rnk	Bike Time	Bike Rate	Trans 2 Time	Run Rnk	Run Time	Run Pace	Time Back	Total Time
1	Tim Russell	12	26	M	1 M Top 5	1	7:30.4	1:15HY	0:36.0	1	33:15.0	25.3MPH	0:26.4	1	18:24.6	5:56/M		1:00:12.6
2	Cory Coffey	1	38	M	2 M Top 5	12	9:02.8	1:30HY	1:02.5	2	33:26.6	25.1MPH	0:35.1	2	19:37.9	6:20/M	3:32.4	1:03:45.1
3	Corey Robinson	11	26	M	3 M Top 5	7	8:10.7	1:22HY	0:54.7	5	36:07.3	23.3MPH	0:36.2	3	19:01.0	6:08/M	4:37.5	1:04:50.1
4	Richard Smyers	39	46	M	4 M Top 5	2	7:32.9	1:15HY	0:46.0	7	37:59.3	22.1MPH		4	19:57.4	6:26/M	6:03.1	1:06:15.8
5	Liam McCarthy	17	29	M	5 M Top 5	6	7:56.7	1:19HY	0:41.7	4	36:14.5	23.2MPH	0:34.9	5	21:53.0	7:04/M	7:08.4	1:07:21.0
6	Mark Mulder	7	57	M	1 55-59	11	8:59.2	1:30HY	0:45.1	3	35:04.1	24.0MPH	0:36.0	6	22:13.5	7:10/M	7:25.4	1:07:38.0
7	Jeff Schumann	8	59	M	2 55-59	5	7:54.7	1:19HY	0:53.4	6	37:02.2	22.7MPH	0:33.2	7	22:05.1	7:07/M	8:16.1	1:08:28.8
8	Elias Schoen	127	24	M	1 20-24	4	7:41.1	1:17HY	1:08.2	13	39:35.6	21.2MPH	0:26.2	8	20:45.9	6:42/M	9:24.6	1:09:37.2
9	Steve Hare	6	58	M	3 55-59	8	8:13.0	1:22HY	0:52.7	8	38:27.5	21.8MPH	0:29.3	9	21:57.2	7:05/M	9:47.1	1:09:59.8

Time Back – is the time finishing behind 1st place winner in your gender and division.